# Personal Reflection – Week 1

Consider these questions and use them to complete notes under each heading below. Just brief notes are OK. Before next workshop, paste the headings and your notes into a post in your personal blog and add a hashtag of ‘week1’.

* Which tasks have come naturally to me and which activities do I enjoy the most?
* Which activities did I find most challenging? Why was this?
* How have other people (e.g. supervisors/teachers/coworkers/family or other students) impressed me the most and why? What did I learn from them?
* Which were my biggest success and failures? What were the reasons behind them?

## **Goals** – what I want to gain or improve (skills, abilities, information) for personal development

(This can include what you want to work on in this unit, but also longer-term goals.)

My primary focus in this unit is to develop my communication and problem solving skills. I believe the experience managing and designing a solution for a real global problem will be invaluable. Putting together a pitch; creating thorough documentation in collaboration with others; and working with others from different backgrounds and fields will be useful experiences in professional and personal contexts.

## **Interests** – what I enjoy doing

I enjoy learning from others experience and knowledge, as well as sharing my own. Problem solving is always easier and more enjoyable with people from different disciplines to bounce ideas off. More specifically I have an interest in electronics and robotics, and how they can be used to benefit the average person.

## **Strengths** – what I bring to my work, my skills and abilities

Thanks to my cross disciplinary studies, I have a broad range of knowledge in different aspects of science and engineering. I have been able to frequently leverage that knowledge to gain greater understanding of new topics. Additionally I have a great deal of hands on experience making physical parts, with experience soldering, machining, and with rapid prototyping techniques. Designing and creating my own parts from drawing to CAD to reality.

## **Preferences** – how I like to work and collaborate, the roles I like to take on

I normally prefer working on the technical aspects of a project, leaving the presentation and speaking roles to others. Recently however I have had to adapt into more leadership roles as I progress through my degree. I am having to learn how to effectively manage a team and delegate tasks, as well as enforce deadlines.